## WVGTC 2023 SEASONS GREETINGS MEET Sessions Days & Times

WVGTC is excited to be hosting the 33rd Season Greetings Meet.
This Is a Long-Standing Tradition And We Thank You for Attending.

We Would Ask All Coaches and Families To Please Arrive At the

Gym As Close to "Gym Opens" Times As Possible. Arriving Earlier May Cause

Possible Backups In Regard to Some Parking Situations.

We Appreciate Your Cooperation!

## Saturday Dec. 9, 2023

SESSION #1 SAT. 12/9 LEVELS 3 & 4 (47)
GYM OPENS/Sign in-7:30am Stretch 8am Timed Warm-Up
8:20am (Flight 1) March In 8:30am Awards 10:15am

SESSION #2 SAT. 12/9 LEVELS 6 & 7 Platinum (79)
GYM OPENS/Sign in-11:00am Stretch 11:15am(Flight 1) Timed
Warm-Up 11:45am March In 12:00pm Awards 2:45pm

SESSION #3 SAT. 12/9 LEVELS 8-10, DIAMOND & SAPPHIRE (48)
GYM OPENS/Sign in-4:00pm Stretch 4:15pm (Flight 1) Timed
Warm-Up 4:45pm March In 5:05pm Awards 8:00pm

## Sunday Dec. 10, 2023.

SESSION #4 SUNDAY 12/10 Level BRONZE & Level 2 (96)
GYM OPENS/Sign in 7:30am Stretch 8:00am(Flight 1) Timed
Warm-Up 8:20am March In 8:40am Awards 11:45am

SESSION #5 SUNDAY 12/10 LEVEL 5 & GOLD(62)
GYM OPENS/Sign in 1:00pm Stretch 1:15pm(Flight 1)
Timed Warm-Up 1:35pm March In 1:45pm Meet Awards 4:00pm

SESSION #6 <u>SUNDAY 12/10</u> Level Silver (85) GYM OPENS/Sign in 5:00pm Stretch 5:15pm(Flight 1) Timed Warm-Up 5:35pm March In 5:50pm Meet Awards 7:30pm